

# LIVEWELL INITIATIVE

## NEWS BULLETIN

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## LWI Finnish Exchange

The Pharmabridge Initiative of the Netherlands, collaborative affiliates of LWI, headed by Dr Agathe Wehrli (2<sup>nd</sup> Vice Chairman of LWI) recently awarded an International Exchange Programme to some Nigerian pharmacists, among whom was Seun Oyemade of LWI, to Helsinki Finland and to the USA.

The exchange programme, which consists of a 5-week work experience in Helsinki Finland, shall see Seun dualising as a lecturer in the University of Helsinki as well as a Community Pharmacist in Helsinki. LWI is very proud of its own Seun, who doubles as Faculty Officer at LWI Academy as well as Senior Programme Officer (Grants & Funding). Seun, a first class degree holder in Pharmacy, is a highly cerebral officer of LWI (one of four first class degree holders in the organisation); who has distinguished herself in many ways. In her three years at the organisation, she has won several awards and she has represented the organisation at key programmes, holding her own among giants.

**Congratulations, Seun.**

**We wish you a great stay in Helsinki!**



## LWI Leadership Academy Awards

Two (2) officers of LWI got admission into the prestigious Pharmacy Leadership Academy (PLA) of the United States of America. The two officers, namely Seun Oyemade (Faculty Officer LWI Academy) and Dr Nkechi Anyanwu (Zonal Officer, SE), were among the few pharmacists in Africa and transitional countries, who got the admission.

To further reinforce the height of the achievement attained, Seun Oyemade was awarded the Pfizer (USA) Scholarship Award for the PLA. This award makes the admission into the PLA even more prestigious and distinguished because it offers automatic exemption points at some Universities in the United States, for a Masters' degree programme in Leadership and Pharmacy Management. Only 6 (six) people got the scholarship award worldwide.

**Congratulations Seun and Nkechi**  
**Please keep the LWI flag flying.**

**Did you know?**

*5 fruits a day give you a healthy heart*

# 'Healthy People, Wealthy Nation'

## LWI 3<sup>rd</sup> Annual Health Fair

The LWI Annual Public Health Fair took place at the Rowe Park Sports Centre, Yaba Lagos from Thursday October 13<sup>th</sup> to Friday October 14<sup>th</sup> 2011. The health fair with theme: *'Healthy People, Wealthy Nation'*, was targeted at the general population with little or no access to healthcare. With an expected attendance of up to 10,000 people, LWI as southwest zonal partners to the Federal Ministry of Health FMOH, Family Health Division, partnered with the Ministry through its endorsement of the programme.



The programme which kicked off at 10.15 am on Thursday, 13<sup>th</sup> October, had in attendance the Director of Family Health, Federal Ministry of Health FMOH, Dr Phillipa Momah, who commenced by touring the Stands with LWI Officials. She commended the effort of the organisation, reminding LWI that as one of its programme implementation partners in the SouthWestern zone of the country, LWI should send a feedback to the FMOH especially in relation to Cardiovascular disease, Reproductive Health and Maternal and Child Health especially the prevalence data. These feedback and data, she observed, will help the Family Health Division in activating enhanced healthcare delivery through its tertiary institutions in the Lagos Area, especially the Ebute-Metta Health Centre, for the people.



LWI recorded an attendance of over 8,000 adults at the healthfair; and, at least 1,000 children who, due to schooling, were unable to attend in larger numbers except for a few whose parents arranged to get them to the healthfair after school hours, as well as a few toddlers and babies.

The programme was successful, as the attendees were screened for Stress, Hepatitis B, Blood Pressure, Blood Sugar, Body Mass Index, and Cholesterol.

All attendees to the health fair were given free, non-prescription medicines and free personalised counselling.

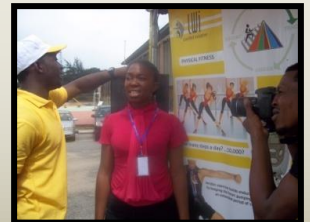
It was a very rewarding occasion for LWI officers, almost 30 of them in number; namely doctors, pharmacists, nurses, public health practitioners as well as trained

graduates who have acquired some public healthcare experience.

The exhibitors numbering over 12 companies, included Nestle, Airtel, Expatcare HMO, Emzor Pharmaceutical Ind, Chris Ejik Pharmaceuticals, Strides, Bond Chemists, Jawa among others. The Local Government Officials invited LWI for further talks, to make this a quarterly event.

LWI Health Fair 2011 was a very successful event and we look forward to next year's event.

**...Towards attaining MDG's**  
**...Impacting the Community**



**IMPACT**





# News Tidbits

- LWI expects 2 medical externship candidates** - Two medical students from the University of Connecticut, USA shall commence their 3-month internship and capstone project at LWI, in January 2012. The programme shall see them involved in community health programmes, wellness campaigns and health empowerment outreaches. The students shall carry out a capstone project on community health during the period of externship.
- LWI wins a joint International Award** - LWI, in partnership with the Soroptimist International of Ikeja, recently won a prestigious award far away in Manchester, United Kingdom. The award was for coming first in the global award for enhancing women and children's health and wellbeing. The award was earned through a joint programme of LWI with the Soroptimists International of Ikeja, to mark the World Aids day 2009.



Soroptimist Int'l of Ikeja President, Oludewa Thorpe with LWI CEO Bisi Bright and National President



CEO LWI Bisi Bright with reporter



Free Health! Free tests, Free Medicines



LWI officers Titi, Damola, Kemi, Kola and Tosin

## Professional Training Courses

**Do you care for humankind? ... Do you want to make a better impact in your area of practice? ...Are you ambitious? ...Are you focused? ... Do you aim to get to the top?**

Enroll on an LWIA class and give yourself the unique opportunity to improve your knowledge and confidence in relevant subject areas, targeted at professionals and the enlightened public for empowerment towards the provision of better services to the public.

	November 14 <sup>th</sup> -18 <sup>th</sup>	November 21 <sup>st</sup> - 25 <sup>th</sup>	November 28 <sup>th</sup> -December 2 <sup>nd</sup>
Monday	American Red Cross: Training Program in Accident & Emergency Responsiveness (1day) <b>N30,000</b>	Training Program on Patient Hospitality(1day) <b>N7,500</b>	Goal Setting & Project Management Skills (1day) <b>N13,000</b>
Tuesday	International Certification Training Program in Immunization APHA (USA) 2days <b>N85,000/USD550</b>	Training Program on Adherence, Concordance and Clinical Governance (1day) <b>N7,500</b>	Project Management in Health Care(1day) <b>N15,000</b>
Wednesday			
Thursday			Management and Organisational Behaviour (MOB) 1day <b>N10,000</b>
Friday	Self branding & Superior Communication Skills' <b>AM</b> and 'Etiquette, Body Language & Simple Courtesies' <b>PM</b> (1day) <b>N15,000 (full day) or N10,000 per session</b>	Medication Therapy Management and Disease State Management: Diabetes Education(2days) <b>N60,000</b>	Responsibility, Authority and Accountability (1day) <b>N12,500</b>

## Want to get involved?

For more information, contact

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### LWI Mission

To halve health-illiteracy in Nigeria by the year 2030; and to increase the life expectancy of Nigerians to 70 by the year 2030.

### LWI Vision

To improve the health status of the people through wellness promotion and health-empowerment and thereby positively influence their health-seeking behavior.